

La Fontana

Martock, Somerset



notaro
CARE HOMES





Type of care...

La Fontana is a nursing home for people living with dementia providing long term, short term and respite care.

This welcoming home can be found on the outskirts of Martock, surrounded by beautiful Somerset countryside. We've tried to think of everything that someone living with dementia could need in this innovative purpose built setting.

Our stunning nursing home has been carefully designed for both style and comfort, so you'll find life just that little bit easier.

We've installed sophisticated technology to give you and your family added assurance when you need it most. Intelligent sensors detect movement to allow for gradual illumination in bedrooms and can alert us to someone needing assistance. An innovative care planning system helps us to know about how you choose to live.

Enjoy stylish and comfortable living in one of our seven thoughtfully designed suites. Each unit benefits from spacious communal areas with large skylight windows allowing the natural light to pour in. These areas each have their own kitchenette, giving you the option and freedom to help yourself to drinks and snacks.

Step outside to find our gardens, designed and landscaped to improve the lives of people living with dementia. Back in the home, our beach themed sun room with sunlight simulation lamps can help trigger happy memories, a sense of well being and a variety of potential health benefits.

A favourite feature with residents and the local community is La Fontana's petting farm, home to rabbits, ducks, reptiles and other small animals.

"It's a huge pleasure to see how happy people are living and working here at La Fontana. The family atmosphere allows for everyone to feel relaxed, safe and cared for."

La Fontana Manager.





Each room has been created to be a comfortable place to relax in and enjoy the elegant innovative design features.



Life in our homes is often so much more than people expect.



Our Environment for Dementia Care...

We have created an environment at La Fontana which benefits people with dementia, their families and carers.

Families can explore the window displays of our hardware store, chocolate maker, minimarket and antiques shop as they head together for the beach in our sun room. An ice cream served from the vintage cart is a real treat to enjoy here, whilst relaxing alongside the colourful beach huts and seaside panorama under a blue summer sky.

Out through the sun room doors lays a beach themed area of the garden with a rowing boat and lobster pots, providing a natural link to the rest of the grounds.

Our gardens have been designed and landscaped to help people with dementia maintain their connection with the outdoors. Each area provides visual interest to encourage spontaneity and interaction with the environment as well as places to relax quietly or socialise in. We have maintained the link with our rural setting through our paddock of alpacas and petting farm complete with vintage tractor.

Those who have always enjoyed gardening can keep involved with the activity in our greenhouses and raised beds or just enjoy the results!



Our homes may well be care homes, but first and foremost they are homes.

Each room has been created to be a comfortable place to relax in and enjoy. We also encourage you to bring the little things that make your new surroundings feel like home.

Our home features:

- 76 Rooms
- 7 Living areas each with its own lounge, dining room, kitchenette, activity area
- Hydrotherapy baths
- Quiet rooms
- Under floor heating
- Specialist assisted bathrooms
- Hairdressing salon
- Sunroom
- Reminiscence area
- GP surgeries, doctor/dentist/district nurse visits
- Physiotherapist, Chiropodist, Hairdresser, Library service
- Secure landscaped sensory gardens
- Petting farm & activities area
- Minibus

Bedroom facilities:

- En-suite shower room
- Nurse call system
- Patio doors opening out to the gardens
- Direct dial phone
- Flat screen LCD TV with Freeview and radio channels
- Under floor heating
- Broadband internet access
- Sensored lighting
- Intelligent bedroom sensors
- Fridge

Local amenities:

- Post office, shops and local amenities nearby

Seeing life through our residents' eyes

All staff in our dementia homes – from maintenance and catering to care and nursing – receive specialist training in dementia awareness. This helps them to experience life through the eyes of a person living with dementia.

Registered nurses available day and night

At La Fontana, as in all of our nursing homes, we have Registered Nurses in constant attendance, day and night. Of course, nursing isn't just about clinical and medical care. Our nurses are good communicators and listeners too, working well as part of a team alongside residents, families, friends and other specialists.

Activities

At Notaro Homes we understand the importance of meaningful activities. They play a vital role in helping our residents live life to the full, whatever their physical ability. Our activities are not only designed to engage mind, body and spirit but to respect and honour our residents' individuality. Each of our homes have their very own Activities Coordinator who is responsible for organising and delivering a fun packed, varied programme which often includes trips out and about and visits from animal sanctuaries, community groups and theatrical companies.

Visitors are always welcome, call in at your convenience to see for yourself how we care, when it matters most.

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You'll find more information about this home and our company at www.notarohomes.co.uk

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