Because there's no place like home...

Retain your independence with tailored care and support provided in your own home

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Welcome to Notaro Live in Care...

Most of us wish to live in our own homes for as long as possible but at some stages in our lives we may need help and support to do so. At Notaro Live in Care, we're pledged to providing the highest standards of professional care for people who wish to live in their own homes.

The Notaro Care Homes business has been established for almost 30 years and provides care and support across a range of services. Over the years we have grown considerably and established ourselves with professionals as a leading provider of healthcare. We launched Notaro Live in Care as a complementary service and natural progression from our existing care home business. The service provides Live in Care across England and Wales. Notaro Live in Care respects the choices you make about the care and support you need and the way it is to be given. We provide a flexible service so you can continue your chosen lifestyle. Each package is tailored to suit you, if you want to make changes to the service provided, we will help you to do so.

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What is Live in Care?

If you require care, support or companionship, Notaro Live in Care has established a service enabling you to remain in your own home. Our carer lives alongside you, around the clock, to provide the service. There is no need to leave behind friends, family and the comforts of home. Valued independence can be maintained without the worries of coping alone.

Live in Care helps people from the age of 18 to maintain independence in their own home with a Live in Carer.

Whether your care needs are complex or it's just companionship that you would like, Live in Care can give you the peace of mind from knowing support is always available day and night.

We will help you to find a Live in Carer that suits you and your lifestyle. They will deliver a care package based entirely on your personal needs and choices as reflected in your individual care plan. Your care plan will be carefully prepared by one of our assessors, together with you and the people you trust.

Live in Care is extremely flexible and a wide variety of services can be provided. These could include:

- Personal care assistance with getting up, washing, bathing and dressing, going to the bathroom, taking medicines and going to bed
- Preparation and assistance with meals
- Domestic duties keeping the house tidy, cleaning floors, dusting, laundry, ironing and other similar light duties
- Companionship
- Shopping
- Holidays and day trips
- Dog walking
- Support work
- Assistance to and from appointments

If you require a service that is not listed above, please call and ask us about it.

The Benefits of Live in Care...

At Notaro Live in Care, we understand the range of care services that are available to you and how difficult it can be to make a decision. We know this because of our considerable experience as an operator of care homes and a home care service.

If you need dedicated care and want to preserve the independence of living in your own home, then our Live in Care services could be just what you are looking for.

What are the benefits of Live in Care?

- Independence with companionship
- Couples can remain living together
- Minimal disruption of chosen lifestyle
- Staying in your own home with its familiar surroundings
- Peace of mind for you, your friends and family, as care is always at hand
- Maintaining contact with friends and neighbours
- Keeping family pets
- High level of personal one to one support
- Continuity of care





Our Carers

At Notaro Live in Care we directly employ all our carers, allowing us to train and develop our carers to uphold our commitment to quality.

We choose people who exhibit a genuine enthusiasm for providing care, a high level of motivation, sensitivity, patience, empathy, respect and the commitment required to maintain exceptional standards.

Each Live in Carer has to complete a rigorous recruitment process. As well as looking at their qualifications, we do not employ anyone without suitable references being provided and an enhanced Disclosure and Barring Service (DBS) check. Our carers come from a whole range of backgrounds and have different hobbies, skills and life experiences, spanning age, gender and nationality. This gives us the ability to match your individual preferences, wants and needs when choosing a suitable carer.



Training...

Each new Notaro Live in Carer follows a high standard mandatory training programme and is encouraged to complete their NVQ/QCF Level 2 Health and Social Care qualification. All our Live in Carers are trained in first aid, fire safety, health and safety, safeguarding vulnerable adults, care and administration of medicines, palliative care and infection control.

They are regularly supervised and observed delivering care in the persons home by a senior member of the team. We will always ask the person's permission in advance if we plan to undertake an observation in their home. We greatly appreciate people's cooperation in helping us to maintain and improve upon the standards of service we deliver.



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So why choose Notaro Live in Care?

Benefit from a company with nearly 30 years of experience delivering exceptional care across a variety of care services

Peace of mind that ALL of our carers are vetted for suitability and follow a company induction and personal training programme, which is updated on a regular basis. In addition ALL carers are frequently supervised to ensure quality of care is maintained at a consistently high level

Retain the comfort of your surroundings and allow us to take away problematic aspects of daily living, whilst you enjoy life

Peace of mind that ALL carers we supply are directly employed by us, not an outside agency

Enjoy continuity of care. Build long term relationships with hardworking, experienced and dependable carers







Taking the next step...

If you feel that Live in Care is right for you, or someone you know please give us a call. We can arrange a meeting with our service manager or one of our senior carers. Working together with you, their knowledge and experience allows them to assess complex needs and advise on the most appropriate Live in Care package.

At this meeting, or any other with us, you may choose to have a family member or friend with you who knows you well, to help you to tell us what you need and would like us to do for you. We would like to talk to you to help us to understand in detail what you would like us to support you with in order to keep your independence and quality of life. Areas we typically talk about during the assessment meetings, that you may wish to think about before hand, include:

- Personal care and well-being
- Sight, hearing and communication
- Medication requirements
- Social interests
- Continence
- Mental health and cognition
- Risk and personal safety
- Dietary requirements and preferences
- Preferred method of communication
- How you wish to pay for your care and support

We will answer any questions you have and also assess your home in order to determine the right level of care.

All this information will form your care plan, which is unique to you and will provide important direction to the live in carer on a daily basis. After this meeting is complete, we can prepare a proposal that details the level of support that we feel is required and the costs of providing it.

If you wish to proceed, then the next step will be to find the right Live in Carer for you. We will need to ask you about the type of carer you are looking for, considering everything from age and gender to professional skills and personality. From this we can then supply CV's and profiles of suitable carers for your consideration, and we can arrange interviews.

Once a Live in Carer has been selected, we can agree a start date for the service.

We hope the information within this brochure has been of help. If you or someone you know would like to meet us to discuss care needs in more detail please contact us:

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### Contact us

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